

MONDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Bean Bag Toss with Wellness

10:45 Table Games

11:00 Lunch Set Up

1:30 Music Mania

2:15 Fact or Fiction Games

3:00 Relaxation Time

3:30 Bingo with Wellness

4:15 Dinner Set Up

6:15 Hat Chat

7:00 Lotion & Aroma

TUESDAYS

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Bible Study with Geneva

10:45 Hat Chat

11:00 Lunch Set Up

1:30 Beauty Shop

2:15 Trivia Time

3:00 Relaxation and Reminisce

3:30 Bean Bag Buckets with Wellness

4:15 Dinner Set Up

6:15 Movies and snacks

7:00 Lotion & Aroma

WEDNESDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Puzzles & Table Games

10:45 Bean Bag Buckets

11:00 Lunch Set Up

1:30 Balloon Volleyball

2:15 Trivia

3:00 Relaxation Time

3:30 Bingo with Wellness

4:15 Dinner Set Up

6:15 Gospel Sing Along

7:00 Movie Mania

THURSDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Balloon Volley Ball

10:45 Sit- R- Size

11:00 Lunch Set Up

1:30 Beauty Shop

2:15 Trivia

3:00 Relaxation and Reminisce

3:30 Puzzle and Games

4:15 Dinner Set Up

6:15 Movie Night

7:00 Aroma Stimulation

FRIDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Reminisce Time

10:45 Conversation Ball

11:00 Lunch Set Up

1:30 Fact or Fiction Game

2:15 Trivia

3:00 Relaxation Time

3:30 Porch Social (weather permitting)

4:15 Dinner Set Up

6:15 Lotion & Massage

7:00 Hat Chat

SATURDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Fact or Fiction Game

10:45 Conversation Ball

11:00 Lunch Set Up

1:30 Reminisce Time

2:15 Trivia

3:00 Relaxation Time

3:30 Bean Bag Buckets

4:15 Dinner Set Up

6:15 Night at the Movies

7:00 Hat Chat

SUNDAY

9:15 Good Morning Group

9:45 Exercise Group with QOL

10:15 Church Service

10:45 Conversation Ball

11:00 Lunch Set Up

1:30 Bean Bag Buckets

2:15 Trivia

3:00 Relaxation Time

3:30 Porch Social (weather permitting)

4:15 Dinner Set Up

6:15 Hat Chat

7:00 Lotion & Massage